



MOORGATE PRIMARY ACADEMY

Moorgate, Tamworth. B79 7EL

Telephone: 01827 215240

Email: office@moorgateacademy.co.uk

Website: www.moorgateacademy.co.uk

ACHIEVE, CHALLENGE, ENJOY!

Date: 5th October 2023

YOUNGMINDS

Dear Parents and Carers,

Moorgate Primary Academy is delighted to be taking part in #HelloYellow again on World Mental Health Day which is on **Tuesday 10th October 2023**.

This year's #HelloYellow theme is 'Stand out & Show Up'. During the week, our PSHE lessons and assemblies will focus on sharing positive moments, positive feelings and developing resilience strategies. Saying #HelloYellow this World Mental Health Day is a little thing we can do to make a BIG difference to young people's mental health. Because a little yellow goes a long way.

We would love for our pupils to come into school wearing something yellow to spread the word that, together, we can look out for each other. This could be wearing anything yellow from socks, cardigan or t-shirt alongside their normal school uniform.

If you would like to make a donation for wearing yellow on Tuesday 10th October please visit <https://www.justgiving.com/campaign/helloyellow2023>.

Thank you for your support and take a look at the website www.youngminds.org.uk where you can access information, resources and a parent helpline.

Kind regards,

Miss Martin.

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