



MOORGATE PRIMARY ACADEMY

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ACHIEVE, CHALLENGE, ENJOY!



Dear Parents and Carers,

Moorgate Primary Academy is delighted to be taking part in #HelloYellow again on World Mental Health Day which is on **Friday 10th October 2025**.

During the week, our PSHE lessons and assemblies will focus on sharing positive moments, positive feelings and developing resilience strategies. Saying #HelloYellow this World Mental Health Day is a little thing we can do to make a BIG difference to young people's mental health. Because a little yellow goes a long way.

We would love for our pupils to come into school wearing something yellow to spread the word that, together, we can look out for each other. This could be wearing anything yellow from socks, cardigan or t-shirt alongside their normal school uniform.

Thank you for your support and take a look at the website where you can access information, resources and a parent helpline.

- a phone line, open 9.30am-4pm (0808 802 5544)
- an online chat for parents and carers to speak to trained professionals if you're concerned about your children's mental **health** (www.youngminds.org.uk/parents-helpline/)

Kind regards,

Mrs. Eaglefield

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